

May 2017

Forts Ponds Elementary School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Entrée-Choose One 1 Mozzarella Cheese Sticks Marinara 2 Yogurt/String Cheese/Cookie des-Choose One or More Confetti Collards Green Beans Mandarin Oranges, Apple</p>	<p>2 Entrée-Choose One C1 Pizza C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sandwich Sides-Choose One or More Oven Baked Fries Fresh Broccoli Strawberries, Pear</p>	<p>3 Entrée-Choose One C1 Hot Dog C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sides-Choose One or More Roasted Cauliflower Baked Beans Fresh Banana, Applesauce</p>	<p>4 Entrée-Choose One C1 Meatloaf w/Roll C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sides-Choose One or More Mashed Potatoes Honey Glazed Carrots Peach Cup, Fresh Grapes</p>	<p>5 Entrée-Choose One C1 Hard or Soft Taco w/Seasoned Chicken C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sandwich Sides-Choose One or More Black Beans Steamed Corn Fresh Grapes, Peach Cup</p>
<p>6 Entrée-Choose One 1 Chicken Sandwich 2 Yogurt/String Cheese/Cookie 3 Grilled Cheese Sandwich des-Choose One or More Apple Cup w/Dip Garden Salad Mandarin Oranges, Fresh Apple</p>	<p>9 Entrée-Choose One C1 Tostito Scoops w/Beef C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sandwich Sides-Choose One or More Managers Choice Fresh Vegetable Sweet Potato Fries Pineapple, Applesauce</p>	<p>10 Entrée-Choose One C1 BBQ Pork w/ Rice C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese sandwich Sides-Choose One or More Garlic Ranch Green Beans Parsley Roasted Potatoes Fresh Banana, Peach Cup</p>	<p>11 Entrée-Choose One C1 Chicken Nuggets C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sandwich Sides-Choose One or More Steamed Cabbage Black Eye Peas Fresh Grapes, Diced Pears</p>	<p>12 FIELD DAY Corn Dog Sides-Choose One or More Baby Carrots Celery Sticks Fresh Fruit Cool Rips Fruit Slushy</p>
<p>7 Entrée-Choose One 1 Mozzarella Cheese Sticks Marinara Sauce 2 Yogurt/String Cheese/Cookie 3 Grilled Cheese Sandwich des-Choose One or More Steamed Broccoli Green Beans Fresh Grapes, Fruit Cocktail</p>	<p>16 Entrée-Choose One C1 Chicken Nuggets w/Roll C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sandwich Sides-Choose One or More Steamed Corn Sweet Potato Fries Pineapple, Applesauce</p>	<p>17 Entrée-Choose One C1 Spaghetti w/Garlic Texas Toast C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sandwich Sides-Choose One or More Confetti Collards Baby Carrots w/Dip Fresh Apple, Peach Cup</p>	<p>18 Entrée-Choose One C1 Asian Chicken w/Rice C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sandwich Sides-Choose One or More Teriyaki Glazed Vegetables Breaded Okra Fresh Orange, Applesauce</p>	<p>19 Entrée-Choose One C1 Pizza C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sandwich Sides-Choose One or More Carolina Coleslaw Black Eye Peas Fresh Banana, Diced Pears</p>
<p>8 Entrée-Choose One 1 Chicken Sandwich 2 Yogurt/String Cheese/Cookie 3 Grilled Cheese Sandwich des-Choose One or More Green Beans Oven Baked French Fries Sliced Peaches, Fruit Cocktail</p>	<p>23 Entrée-Choose One C1 Chicken Nuggets w/Roll C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sandwich Sides-Choose One or More Sliced Tomatoes Picante Pintos Fresh Orange, Fresh Melon</p>	<p>24 Entrée-Choose One C1 Sliced Turkey w/Gravy C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sandwich Sides-Choose One or More Breaded Okra Steamed Corn Applesauce, Fresh Strawberries</p>	<p>25 Entrée-Choose One C1 Chicken and Waffles C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sandwich Sides-Choose One or More Steamed Spring Vegetables Confetti Collards Mandarin Oranges, Fresh Apple</p>	<p>26 Entrée-Choose One C1 Pizza C2 Yogurt/String Cheese/Cookie C3 Grilled Cheese Sandwich Sides-Choose One or More Sweet Potato Fries Spinach Salad Fresh Banana, Fresh Grapes</p>
<p>9 Memorial Day!</p>	<p>30 Half Day</p>	<p>31 Half Day Last Day of School!!!!</p>		

MEALTIME MESSAGE

Lunch \$2.75

Assorted Milk Choices Available
Daily for Breakfast and Lunch:
1% White, Skim White, Fat Free
Chocolate, Strawberry, and Vanilla

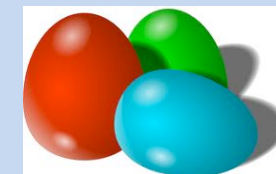
~~~~~  
**This Month's SC Grown  
Fresh Produce....**  
~~~~~

~~~~~  
\*\* Contains Pork

Menu Items subject to change  
based upon availability.



Make payments easily &  
safely using  
[K12paymentcenter.com](http://K12paymentcenter.com)



Non-Discrimination Statement: The U.S. Department of Agriculture (USDA) prohibits Discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or if all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-10, by fax (202)690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov). Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800)845-6136 (in Spanish).