



LEXINGTON COUNTY SCHOOL DISTRICT ONE
100 TARRAR SPRINGS ROAD
PO BOX 1869 • LEXINGTON, SC 29071-1869
803-821-1000 • WWW.LEXINGTON1.NET

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Summer Reading

Students lose reading skills over the summer months. This fact is documented through various research studies. It is most important to schedule reading time for your children daily. If possible, make it a family reading event!! ***See the back of this newsletter to see just how important it is to read 20 minutes every day.***

The ABCs of Improved Reading

A-Access to books- Does your child have access to a wide variety of books to read over the summer months?

B-Books that match his reading level-Is your child reading books at his reading level? Reading books that are too easy or too hard won't help increase his reading skills.

C-Comprehension -Does your child comprehend what he is reading? Ask questions about the book to help your child better understand what he is reading.



There are lots of fun activities to enjoy over the summer; going to the park, seeing a movie, or going to the beach. Wouldn't it be great to read books about your summer activities? For example, if you are going to a baseball game, suggest that your child read a book about a favorite player beforehand.

It is National Physical Fitness & Sports Month, and your child may soon be taking the annual President's Challenge physical fitness test as part of gym class. Prep your child for it with some family recreation activities. Take walks after dinner, go on a weekend bike ride, or have chin-up contests on the monkey bars at a nearby playground!

For more fitness ideas, check out:
letsmove.gov, fitness.gov, and presidentschallenge.org.



Did You Know most libraries sponsor summer reading clubs with easy-to-reach goals for pre-school and school-age children? Check the library closest to you for special summer reading activities and events. If your child doesn't have a library card, summer is a great time to sign up for one.

Summer Safety Tips

- An appropriate helmet must be worn whenever a child is "on wheels."
- The helmet must fit properly.
- Make sure the right type of helmet is being used.
- Moms and dads should wear helmets as well.

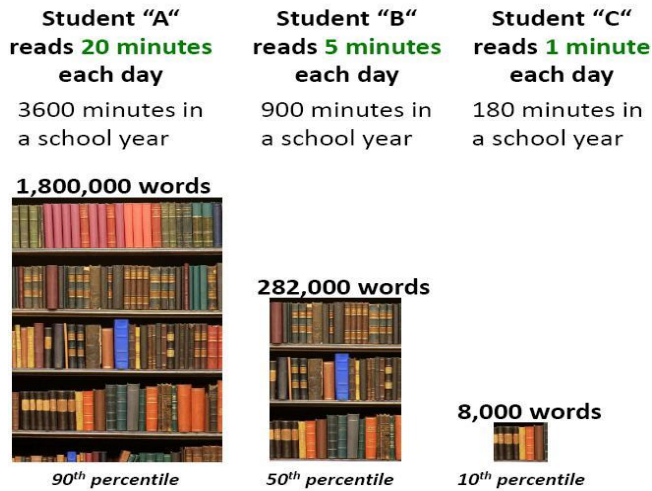


READ

20 MINUTES EVERY DAY

The information below is from a research study on daily reading and young students. The study compares three students: Student "A" reads 20 minutes every day, Student "B" reads 5 minutes every day and Student "C" reads 1 minute every day.

Why Can't I Skip My 20 Minutes of Reading Tonight?



By the end of 6th grade Student "A" will have read the equivalent of 60 whole school days. Student "B" will have read only 12 school days. Which student would you expect to have a better vocabulary? Which student would you expect to be more successful in school...and in life?

(Nagy & Herman, 1987)

