

Front Page News

Title One Schools



A Child who Reads Well-Does Well

The biggest factor in your child's overall academic success is to be able to read well. If you can encourage your child to read for pleasure, you'll be giving him a gift that will pay dividends both now and later.

Comprehension is one of the components of the reading process. A child with good comprehension truly understands what he is reading. He will be able to tell you about or be able to answer questions about what he reads. He can also go over a story and get a sense of the author's purpose, whether it's funny, serious or silly.

The Parent Institute www.parent-institute.com



Facts About Kids and TV

- Kids spend more time, on average, watching TV and playing video games than they spend in any other activity besides sleeping.
- The average U.S. home has the TV on more than 51 hours per week.
- Eighty-one percent of children ages two to seven watch TV alone and unsupervised.
- Saturday morning kids' shows feature 20-25 violent acts each hour.
- The American Academy of Pediatrics recommends *no television at all* for children younger than two years of age and no more than one to two hours per day of quality screen time for older children.

American Academy of Pediatrics
The Parent Institute

Making the Switch

Listed below are a few ideas on how to limit TV and computer time in your house.

- Take the TV and the computer out of your child's bedroom.
- Each week sit down with your child and make a chart of her TV and computer time for the coming week. Post the schedule as a reminder for your child.
- Expect your child to complete homework before watching TV or playing video games.
- Record how many minutes your family spends watching TV this week. Try to reduce that amount next week.
- Preview TV shows and video games before allowing your child to watch and play unsupervised.

Family Reading Tip

Start a family book club. It doesn't have to be formal. Set aside one night each week to chat about something you've all read. You'll get the benefit of each other's company and a good discussion!



Report Cards



Report Cards were issued October 23. Review the grades and teacher's comments with your child. Celebrate what your child is doing well and talk with her teacher to find out how you can help your child improve.